



# Shawsville MS Athletics 2018-19

May 2, 2018



# Sport Programs

## Fall

Girls Volleyball  
Boys and Girls Cross Country  
MS Football  
Fall Cheer

## Winter

Boys and Girls Basketball  
Winter Cheer

## Spring

Boys and Girls Track and Field  
Girls Soccer  
Softball



## Pre-Season Needs

VHSL Sports Physical - annually after May 1st for next school year

May 19 through Lewis Gale Montgomery Hospital (8am-5pm)

May 23 & 24 through Carilion Clinic, Shawsville - \$10

Conditioning and Open Gyms

Varies by sport



# In-Season Needs

Commit to practices

Commit to team

Commit to academics

Commit to 100% effort



# Athlete Expectations

Maintain at least “C” average across 4 core subjects with no “F”s

In season - No assignment of ISS/OSS

Only documented absences from school, including tardy to school

Give 100% effort to sport and academics

Player contract with coach



# Coaching Expectations

Expect daily practices

Open communications - schedule appointments around games

Game team and practice squad - to increase opportunities

Coaches are hired by MCPS; openings posted through HR



# Schedules

Goal is to play schools within 1 hour radius

Focus on Pioneer District schools - Narrows, Craig Co, Covington, Parry McCluer, Bath Co, Highland Co

Limit schedule changes - coach responsibility to relay changes

Transportation has limited us this past spring



# Fundraising

One to support all programs in fall

One to support specific sport (in season)

Limited budget

Uniform replacement schedule planned